Social Cognitive Theory:
Parenting, SES, Career Decision Making Self Efficacy, and Career Outcome Expectations

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Introduction

Theoretical Framework

Hypothesized Model

Methodology

Participants

201 3rd year students
Schooling:
• 50.25% Private
• 49.75% Public
SES:
• Cluster 1 – 25.1%
• Cluster 2 – 25.1%
• Cluster 3 – 15.0%
• Cluster 4 – 21.4%
• Cluster 5 – 13.4%

Measures

Parental Control (α=.85)
• “My parents are always trying to change how I feel or think about things”

Parental Autonomy-Granting (α=.65)
• “My parents respect my opinion and encourage me to express it”

CDMSE (α=.93)
• “Make a plan of your goals for the next five years”

COE (α=.86)
• “If I do well in school, then I will be better able to achieve my future goals”
Results

Hypotheses
1) SES predicts CDMSE. ✔️
2) Parental control predicts CDMSE. ✗️
3) Parental autonomy-granting predicts CDMSE. ✔️
4) CDMSE mediates the relationship between environmental factors, SES and parenting, and COE.

Discussion
Parental control does not predict CDMSE. Parental autonomy-granting predicts CDMSE.

Parental Autonomy-granting
- Self-expression and Self-efficacy

Parental Control
- Collectivistic Culture
- Notion of Control

Discussion
SES predicts CDMSE
Differ from previous findings
Out-of-school youth representation
Lack of career options

CDMSE mediates the relationship between environmental factors, such as parental autonomy-granting and SES, and COE

Implications
Shaping Parental Attitudes
Role-playing during Career Counseling
Measuring, Setting, and Striving towards Goals

Limitations and Recommendations

Limitations
- Sample
- Size
- Representation
- Path Analysis

Recommendations
- Increase sample size and representation (demographics)
- Participants outside Metro Manila and Philippines
- Use SEM instead of Path Analysis
- Extend to SCCT framework
Conclusion

Applies SCT in examining COE of Filipino college students
Extends literature by showing importance of SES and Parenting as Environmental variables
SES & Parental Autonomy-granting → CDMSE → COE

These findings have practical implications:
- Parental Psychoeducation
- Role-playing during Career Counseling
- Goal setting

Thank you for your time!